Keep Calm, Learning is On!

The Learning Hero Roadmap guides you with daily support for math, reading, life skills, and more.

Here are 5 ways to keep your child on track when school is closed. (Hang in there, we know it isn’t easy but there is help!)

1. **FOCUS ON KEY SKILLS**
   
The **Readiness Check** is like a game but shows your child’s progress with key math and reading skills. It connects you to videos, activities, and more to support learning at home and on your phone.

2. **KEEP A ROUTINE**
   
   Create a daily schedule with your child that includes math and reading as well as choice activities such as drawing, inventing, or dancing.

3. **TURN OFF THE NEWS AND TALK**
   
   Limit the news which can be scary, especially for young children. Remind your child they are safe and that life will get back to normal. Ask them how they are feeling. They can draw or write about it too.

4. **STAY CONNECTED**
   
   Your school is likely creating a plan for digital learning. Stay in touch with teachers and other parents to work through it together. Don’t be afraid to ask for help.

5. **ENJOY FAMILY TIME**
   
   Play cards, cook a new or favorite recipe, make up silly songs, look at old family photos and write a story about them. Your child will be learning and having fun!

Visit [bealearninghero.org](http://bealearninghero.org) for free digital resources and tools to support learning at home.